



## EMPLOYEE HEALTH SCREENING

Jim Ellis Atlanta

## 2021 Biometric Screening

**Tests Include:** Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.

**9 hour fast recommended. Black coffee and water permitted.**

### Registration is Simple.

Just follow these steps to complete registration:

1. Go to <https://www.ehealthscreenings.com/signup>.
2. Click **Register Now** in the red box.
3. Enter the Screening Key: **SIM02** and click **Register**.
4. Enter your assigned default username and password and click on **Verify My Account**. For your assigned default username and password use the following format:  
**USERNAME:** First Initial + Last Initial + DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is JS04231975)  
**PASSWORD:** Last Name + Last 4 SSN (example: John Smith with social 123456789 is Smith6789)  
*\*Username and Password are case sensitive*
5. Update account information and click **Register**.  
*\* If you see a message that you cannot be located, your benefit plan enrollment has not been provided to eHealthScreenings yet. This can take up to two weeks following your employee benefit elections.*
6. Read through the criteria and instructions and click **Continue**.
7. Acknowledge the Health Screening Consent by checking the “I agree” box located at the bottom of the consent. Enter first & last name in the **Signature** section. Click **Continue**.
8. On the confirmation page, there is a link you can use to download the physician screening form. You will also receive an email containing your physician screening form and instructions to complete your screening within one hour.

**REMEMBER:** You must fast (no food) for 9 hours before your appointment. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.

If you have any questions or you do not receive your physician screening form, please call EHS Customer Service at 888-708-8807, ext. 1, Monday through Friday 7:00am - 6:00pm CST.